


Monday	Tuesday	Wednesday	Thursday	Friday	<b>Hempfield School District Lunch Program Middle School</b>  <b>Student Meal Pricing:</b> Main Line Meal: \$2.60 Domino's Pizza Meal: \$2.65 Pizza Meal: \$2.65 Salad Meal: \$2.75 Bowl of Soup: \$2.50 Black Knight Meal: \$3.85 Deli Meal: \$3.85 Deli A La Carte: \$3.00 Subway Meal: \$4.30 Subway A La Carte: \$3.50 Milk: \$0.65 Fruit A La Carte: \$0.75  <b>Adult Meal Pricing:</b> Main Line Meal: \$4.25 - \$5.50 Breakfast: \$2.30 <b>Menu Subject To Change</b>  <b>February 2019</b>  
<b>Daily Lunch Choices</b> Choice #1 Main Event Meal Choice #2 Pizza Meal Choice #3 Deli or PB&J Meal Choice #4 Salad Meal Choice #5 Black Knight Meal		<b>Daily Pizza Choices</b> Monday: Big Daddy's Cheese Pizza or Pepperoni Pizza Tuesday: Big Daddy's Cheese Pizza or Pepperoni Pizza Wednesday: Mickey's Cheese Pizza or Pepperoni Pizza Thursday: Domino's Cheese Pizza Friday: Big Daddy's Cheese Pizza or Pepperoni Pizza		<b>Hot, Fresh &amp; Healthy Lunch Choices!</b>  <b>Vegetable Bar</b> Carrot Sticks Bean Salad Celery Sticks Fresh Broccoli <b>Available</b> Monday – Thursday	
Balance and purchasing history? Visit: <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a>	<b>Reminder:</b> In the event of inclement weather a modified breakfast will be served at all schools. If the menu is completed & a snow make-up days is scheduled the menu will consist of a Chef Choice option. The Chef's Choice will be communicated to school office.		 In the event of a school closing due to weather we will follow the menu as planned.	<b>February 1</b> Double Chicken Fajitas w/ Lettuce, Cheese, & Salsa Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	
<b>Did You Know?</b> Students choose up to (1) fruit which consists of: juice, fresh fruit, or canned fruit. Students can choose up to (2) vegetables.				<b>February 8</b> Chicken Bowl Mashed Potatoes & Gravy Bread Choice & Corn Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	
<b>February 4</b> BBQ Pulled Pork Sandwich Baked Onion Rings Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	<b>February 5</b> Penne Pasta w/ Dinner roll Red Sauce w/ Meat Sauce or Chicken Alfredo Sauce Tossed Salad w/ Dressing Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	<b>February 6</b> Grilled Asiago Ranch Chicken Sandwich Asiago Cheese, Bacon, Lettuce, Tomato, Ranch Dressing & Pickle Baked Potatoes Wedges Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	<b>February 7</b> Hot Ham & Cheese on Pretzel Roll Baked Potato Wedges Assorted Fruit & Juice Choice Milk Choice	<b>February 15</b>  <b>No School In-Service Day</b>	
<b>February 11</b> General Tso Chicken Steamy Broccoli Florets & Rice Fortune Cookie Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	<b>February 12</b> Walking Taco w/ Beef, Cheese, Lettuce, & Salsa Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	<b>February 13</b> Chicken Patty Sandwich w/ Fixings Straight Cut Fries Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	<b>February 14</b> BBQ Pulled Pork Sandwich Baked Onion Rings Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice Red Velvet Cookie with Meal! Happy Valentin's Day		
<b>February 18</b>  <b>No School</b>	<b>February 19</b> Bacon Cheeseburger Golden Potatoes Assorted Fruit Milk	<b>February 20</b> Chicken Patty Sandwich w/ Fixings Straight Cut Fries Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	<b>February 21</b> Double Dog Day 2 Hot Dogs w/ Fixings Baked Potato Wedges Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	<b>February 22</b> Chicken & Waffles Hash Browns Homemade apple Crips Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice Homemade Apple Crisp	

Monday	Tuesday	Wednesday	Thursday	Friday	<b>Hempfield School District Lunch Program Middle School</b>
<b><u>Daily Lunch Choices</u></b> Choice #1 Main Event Meal Choice #2 Pizza Meal Choice #3 Deli or PB&J Meal Choice #4 Salad Meal Choice #5 Black Knight Meal		<b><u>Black Night Meals</u></b> Monday: Double Cheeseburger Tuesday: Crispy Chicken Sandwich Wednesday: Double Cheeseburger Thursday: Hot & Spicy Chicken Filet Sandwich Friday: Double Cheeseburger		<b><u>Wednesdays</u></b> Subway Day w/ Sun Chips Vegetable, Fruit, & Milk Choice Students choose up to (2) fruits which consists of: juice, fresh fruit, or canned fruit. Students can choose up to (2) vegetables.	
Balance and Purchasing history? Visit: <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a>	<b>Reminder:</b> The Food Service Department has part time Substitute positions available! Call our office today at 717-898-5566 for further information or go online to apply at <a href="http://www.hempfieldsd.org/">www.hempfieldsd.org/</a> apply No Nights, No Weekends, & No Holidays To Work! PAID TRAINING <b>New Hourly Rate \$10.61</b>		<b>Did You Know?</b> Hempfield has 10 production kitchens and prepares meals onsite for each school! Our staff take great care ensuring your child receives the best meal service.	<u>Gluten Free General Mills Cereals</u> Rice Chex Cinnamon Rice Chex Cheerios Honey Nut & Fruity Cheerios Lucky Charms Assorted Fruit Fresh & Canned Assorted Fruit Juice Milk <b>Please Check for availability</b>	Students who qualify for reduced price lunch qualify for free breakfast!  
<b>February 25</b> Chicken Bowl Mashed Potatoes & Gravy Dinner Roll & Golden Corn Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	<b>February 26</b> Penne Pasta w/ Dinner roll Red Sauce w/ Meatballs or Chicken Alfredo Sauce Tossed Salad w/ Dressing Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	<b>February 27</b> Grilled Asiago Ranch Chicken Sandwich Asiago Cheese, Bacon, Lettuce, Tomato, Ranch Dressing & Pickle Baked Potatoes Wedges Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	<b>February 28</b> Meatball Sub w/ Mozzarella Cheese Baked Potato Wedges Assorted Fruit & Juice Choice Milk Choice		

**Online Payment:** To view your child's account or to put money in your child's account via credit or debit, please go to My School Bucks to create your free online account, [www.myschoolbucks.com](http://www.myschoolbucks.com). The system only charges a fee when households utilize the online payment options.

**Meal Applications:** For free and reduced breakfast and lunch benefits, apply anytime at [www.ezmealapp.com](http://www.ezmealapp.com).

**PACKERS:** Juice, bottled water, extra servings of fruit, vegetables, snacks, and milk choices are all available to students to purchase a la carte who pack their lunch.

**Non-Discrimination statement:** The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found on line at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), or at any USDA office, or call (866)632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202)690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov). Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339.

(800)877-8339 or (800)845-6136(Spanish). For any other information dealing with Supplemental Nutrition Assistance Program (SNAP) issues, persons should either contact the USDA SNAP Hotline Number at (800)221-5689, which is also in Spanish or call the State Information/Hotline Numbers (click the link for a listing of hotline numbers by State); found online at [http://www.fns.usda.gov/snap/contact\\_info/hotlines.htm](http://www.fns.usda.gov/snap/contact_info/hotlines.htm). "In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov). Hempfield School District and the USDA are equal opportunity institutions and do not discriminate on the basis of race, color, national origin, sex and handicap in its activities, programs or employment practices.